

Year 7 Learning For Life

What do we learn in Learning For Life?



Main Timetable

- Maintaining friendships
- Anti Bullying
- Trust and relationships
- Importance of families and long-term relationships
- Wants & needs
- Self esteem
- Kindness & Empathy
- Life online - internet safety
- Treating others with respect
- Race & racism
- Stereotyping
- Protected characteristics
- Love & romance
- Healthy relationships intro
- Boys Puberty
- Periods

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Year 7 Learning For Life

What do we learn in Learning For Life?



- Health & Wellbeing
- Balanced diets & nutrition
- Consequences of living unhealthily
- What is Mental Health?
- How can we build resilience?
- Exercise & mental health
- Vaping & tobacco
- Illegal drugs

Carousel

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Year 8 Learning For Life



What do we learn in Learning For Life?

- Eating healthily on a budget
- Sugar, processed food and disease
- Eating disorders
- Social media
- Group messaging and the law
- How can we stay happy & positive?
- Gratefulness
- Personal identity - being the best me
- 1st Aid
- Cancer
- Local government
- How does the British government work?
- Devolved government
- Elections & voting
- Parliament
- Democracy
- Monarchy & government

Main Timetable

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Year 8 Learning For Life



What do we learn in Learning For Life?

- Attendance & punctuality
- County Lines
- Importance of communities
- Anti-social behaviour
- Volunteering
- Prejudice & discrimination: Ableism
- Sexism in society
- Why can't we trust media & online?
- Peer Pressure
- Marriage - freely entered in to
- Online grooming
- Alcohol risks & relationships
- Masculinity - what does it mean to be a great man?
- British values - tolerance & mutual respect
- Relationships in the media
- Gender Equality

Carousel

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Year 9 Learning For Life

What do we learn in Learning For Life?



Main Timetable

- **Mental Health: Stigma & use of language**
- **Anxiety**
- **Social anxiety**
- **Neurodiversity**
- **Obsessive behaviours**
- **Self-harm**
- **Body image**
- **Risks of gambling**
- **Good quality sleep**
- **Responsibility for personal finances**
- **Cost of living crisis**
- **Online scams**
- **Online appearance**
- **Hate crimes**
- **Equality & equity**

Year 9 Learning For Life

What do we learn in Learning For Life?



Main Timetable

- Tattoos, piercings & body modification
- Diverse relationships
- Gender stereotypes
- Misogyny
- Consent
- STIs
- Contraceptives
- Pornography and our brains
- Resilience, social media & trauma
- Combatting loneliness
- Homelessness
- Criminal behaviour & mob mentality
- Knife crime
- Nitrous oxide
- Unplanned pregnancy
- Importance of only using legitimate health services
- Safe use of prescription medicine

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Year 10 Learning For Life



What do we learn in Learning For Life?

- Conflict management
- Coercive & abusive relationships
- Gaslighting
- Stalking, harassment & the law
- Personal safety & risk on the streets
- Social media & personal validation
- Deepfakes
- Forced Marriage
- Divorce, separation & loss
- Sexual harassment and the law
- Grief & loss
- Parenting costs & considerations
- Adoption & fostering
- Abortion
- Assessing readiness for Sex
- LGBT rights
- Gender, gender roles & transgender in focus.

Main Timetable

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Year 11 Learning For Life



What do we learn in Learning For Life?

- Responsible public health choices
- Cybercrime & the dark web
- Online privacy and data protection
- Personal safety and independent travel
- Honour violence & killings
- Language, microaggressions & bullying
- Ideology & extremism: What is radical ideology?
- Fertility, menstrual & gynaecological health
- FGM
- Online dating
- Sexualisation of the media
- Pornographic deepfakes and non-consensual images
- Pronouns & the wider world
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Main Timetable

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